

# STOICISM AND THE ART OF LIVING: TASTER

[TALK]

## **Date**

Friday 4th November 2022  
2pm until 3.30pm

## **Venue**

Morrab Library  
Morrab Gardens  
Penzance  
Cornwall  
TR18 4DA

## **Fee**

£5

## **Level**

Beginners

## **Description**

Stoicism is often misunderstood as languishing through life without complaint. In this talk we will see how thinkers such as Seneca, Epictetus and Marcus Aurelius confronted one of the key questions of the ancient world: 'How should we live?' and supplied us with pragmatic ways in which to flourish.

## **Booking**

To book a place on this talk please email [darrenharper.esq@gmail.com](mailto:darrenharper.esq@gmail.com)

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