

STOICISM AND THE ART OF LIVING: GOOD, BAD AND INDIFFERENT

[THREE WEEK COURSE]

Dates

12th, 19th & 26th September 2022

Mondays 7pm until 8.30pm BST [18:00 until 19:30 UTC]

Venue

On-line / Zoom

Fee

26 GBP | 30 EUR | 31 USD | 41 CAD

Level

Beginners to Intermediate

Description

In this course we will acquaint ourselves with Zeno; the first Stoic, explore what is 'good', asking such questions as: What has value? What is the best way to live? and What should we do to flourish? We will then explore the Stoic 'virtues' before contemplating the Stoic concept of 'indifferents'.

Outline

Week One Introduction and What is Good?

Week Two The Indifferents and the Virtues

Week Three Marcus Aurelius on Misfortune

Suggested Reading

Letters from a Stoic by Seneca & *Meditations* by Marcus Aurelius

Booking

To book a place on this course, please email darrenharper.esq@gmail.com

darrenharper.net