

PHILOSOPHY AND THE ART OF LIVING: STOICISM

[WORKSHOP]

Dates

19th February 2022

Saturday 10am until 12noon GMT [10:00 until 12:00 UTC]

Venue

On-line / Virtual Event

Fees

Full fee £15 | Over 65s £13.50 | Benefit £12

Level

Beginners to Intermediate

Description

Philosophy and the Art of Living: Stoicism, an online workshop. Stoicism is often misunderstood as languishing through life without complaint. In this short introductory workshop we will see how thinkers such as Seneca, Epictetus and Marcus Aurelius confronted one of the key questions of the ancient world: 'How should we live?' and supplied us with pragmatic ways in which to flourish. This workshop is one of a series that explore interesting aspects of philosophy. This will be lecture based with times for reflection, curiosity and comment. All welcome to join this journey of intellectual discovery.

Suggested Reading

Letters from a Stoic by Seneca & *Meditations* by Marcus Aurelius

Booking

To book a place on this course, please ring the Bristol Folk House on 0117 926 2987, or go to the following link bristolfolkhouse.co.uk/courses/philosophy-and-the-art-of-living-stoicism and click on 'Check Availability', then 'Book Now'.

darrenharper.net