

STOA ON THE WALL: MARCUS AURELIUS

[TALK]

Date

Thursday 20th July 2023
7pm until 8pm

Venue

Morton Manor Community Centre
Wigton Road
Carlisle
Cumbria
CA2 6JP

Fee

£5

Level

Beginners to Intermediate

Description

Few leaders could live up to Plato's ideal concept of the philosopher-king; the wise unruffled ruler, seeking not self-preservation, but the preservation of peace in his lands. To the best of his ability, this is what Marcus Aurelius did. Using extracts from his *Meditations*, we will glimpse into the life and Stoic philosophy of this great man.

Suggested Reading

Letters from a Stoic by Seneca (translated by Robin Campbell) & *Meditations* by Marcus Aurelius (translated by Martin Hammond)

Booking

To book a place on this talk, please email darrenharper.esq@gmail.com

N.B. This is part of the Stoa on the Wall project, which seeks to share Ancient wisdom for fulfilment, wellbeing and Happiness.

darrenharper.net