

STOICISM AND THE ART OF LIVING: LIVING IN SOCIETY

[THREE WEEK COURSE]

Dates

13th & 27th February, 6th March 2023

Mondays 7pm until 8.30pm GMT [19:00 until 20:30 UTC]

Venue

On-line / Zoom

Fee

27 GBP | 31 EUR | 33 USD | 44 CAD

Level

Beginners to Intermediate

Description

In the Stoic's search for serenity, they did not choose to isolate themselves on a distant mountain top, but rather to embrace the challenges of urban life as a way to achieve their goal. This course we will consider the Stoic account of why people act as they do, explore how we can accept and work with other people who's views and goals may differ from our own, whilst at the same time maintaining our equanimity.

Outline

Week One

Introduction

Week Two

Accepting the Actions of Others

Week Three

The Equanimity of the Wise Person

Suggested Reading

Letters from a Stoic by Seneca & *Meditations* by Marcus Aurelius

Booking

To book a place on this course, please email darrenharper.esq@gmail.com

darrenharper.net