

STOICISM AND THE ART OF LIVING: GOOD, BAD AND INDIFFERENT

[HALF DAY COURSE]

Date

Wednesday 17th August 2022
1pm until 4pm

Venue

The Birmingham & Midland Institute
Margaret Street
Birmingham
B3 3BS

Fee

£22

Level

Beginners to Intermediate

Description

In this course we will acquaint ourselves with Zeno; the first Stoic, explore what is 'good', asking such questions as: What has value? What is the best way to live? and What should we do to flourish? We will then explore the Stoic 'virtues' before contemplating the Stoic concept of 'indifferents'.

Outline

1pm - 2.25pm Introduction and What is Good?
2.25pm - 2.35pm *Break*
2.35pm - 4pm The Indifferents and the Virtues

Suggested Reading

Letters from a Stoic by Seneca & *Meditations* by Marcus Aurelius

Booking

To book a place on this course please email darrenharper.esq@gmail.com

darrenharper.net