

# PHILOSOPHY AND THE GOOD LIFE

[DAY COURSE]

## Date

Saturday 8th July 2023  
11am until 4pm

## Venue

Bristol Folk House  
40a Park St  
Bristol  
BS1 5JG

## Fee

Full fee £45 | Over 65s £40.50 | Benefit £36

## Level

Beginners to Intermediate

## Description

'The life truly worth living is the considered life', said Socrates, two and a half millennia ago. Socrates meant a life that was well informed and has goals which will benefit both oneself and society. The Good Life, ergo, allows us to grow autonomously, and, rather than be dictated to by duty, empowers us to live a full and flourishing life. Beginning with the Ancients, taking a whistle stop through the Renaissance, and then summarising with the Modern, this course will give us a taste of the Good Life from some of the greatest minds that reflected upon it.

## Outline

11am - 12.15pm	Introduction and Socrates
12.15pm - 1.15pm	Lunch break
1.15pm - 2.30pm	Michel de Montaigne
2.30pm - 2.40pm	Break
2.40pm - 4pm	Proust and Conclusion

## Suggested Reading

*How to Live a Good Life: A Guide to Choosing your Personal Philosophy* by Daniel Kaufman, Massimo Pigliucci and Skye Cleary

## Booking

To book a place on this course, please ring the Bristol Folk House on 0117 926 2987, or go to the following link [bristolfolkhouse.co.uk/courses/philosophy-and-the-good-life](https://bristolfolkhouse.co.uk/courses/philosophy-and-the-good-life) and click on 'Check Availability', then 'Book Now'.