

# STOA ON THE WALL: MARCUS AURELIUS

[ON-LINE TALK]

## Date

Monday 17th July 2023. 7.30pm until 8.30pm [18:30 until 19:30 UTC]

## Venue

On-line / Zoom

## Fee

5 GBP | 6 EUR | 6 USD | 8 CAD

## Level

Beginners to Intermediate

## Description

Few leaders could live up to Plato's ideal concept of the philosopher-king; the wise unruffled ruler, seeking not self-preservation, but the preservation of peace in his lands. To the best of his ability, this is what Marcus Aurelius did. Using extracts from his *Meditations*, we will glimpse into the life and Stoic philosophy of this great man.

## Suggested Reading

*Letters from a Stoic* by Seneca (translated by Robin Campbell) & *Meditations* by Marcus Aurelius (translated by Martin Hammond)

## Booking

To book a place on this talk, please email [darrenharper.esq@gmail.com](mailto:darrenharper.esq@gmail.com)

**N.B.** This is part of the Stoa on the Wall project, which seeks to share Ancient wisdom for fulfilment, wellbeing and Happiness.

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