

# AN INTRODUCTION TO INDIAN PHILOSOPHY: THE UPANISHADS

[HALF-DAY COURSE]

## Date

Saturday 18th March 2023  
10.30am until 12.30pm

## Venue

Morton Manor Community Centre  
Wigton Road  
Carlisle  
Cumbria  
CA2 6JP

## Fee

£12

## Level

Beginners to Intermediate

## Description

Much of the world's philosophy has historically been ignored by the West. Yet, if philosophy is the love of wisdom, there is no doubt that the philosophy of other cultures can enrich us further still. This half-day course will explore the Upanishads, the Vedic texts which are the foundation of Hindu philosophy.

## Outline

10.30am - 11.25am	The Upanishads and the Isha Upanishad
11.25am - 11.35am	Break
11.35am - 12.30pm	What can the Upanishads teach us today?

## Suggested Reading

*How the World Thinks: A Global History of Philosophy* by Julian Baggini

## Booking

To book a place on this course please email [darrenharper.esq@gmail.com](mailto:darrenharper.esq@gmail.com)

darrenharper.net