

WHAT IS STOICISM?

[ON-LINE TALK]

Date

Thursday 2nd February 2023. 1pm until 3pm GMT [13:00 until 15:00 UTC]

Venue

On-line / Virtual Event with the Guildford Institute

Fees

Full fee £15 | Concessions £13.50 | GI Members £12.50

Level

Beginners to Intermediate

Description

Stoicism is often misunderstood as languishing through life without complaint. In this taster course, we will see how thinkers such as Seneca, Epictetus and Marcus Aurelius confronted one of the key questions of the ancient world: 'How should we live?' and supplied us with pragmatic ways in which to flourish.

Suggested Reading

Lessons in Stoicism: What the Ancient Philosophers Teach us about How to Live
by John Sellars

Booking

To book a place on this course, please ring the Guildford Institute on 01483 562142, or go to the following link guildford-institute.org.uk/event/what-is-stoicism

darrenharper.net